

5 Tage RECHENTRAINING + und - im ZR 20

Montag

Dienstag

Mittwoch

Donnerstag

Freitag

1. $10 + 3 = \underline{\quad}$

1. $9 - 2 = \underline{\quad}$

1. $2 - 1 = \underline{\quad}$

1. $7 - 5 = \underline{\quad}$

1. $15 + 2 = \underline{\quad}$

2. $16 + 2 = \underline{\quad}$

2. $13 - 12 = \underline{\quad}$

2. $4 + 2 = \underline{\quad}$

2. $10 - 3 = \underline{\quad}$

2. $5 - 3 = \underline{\quad}$

3. $16 + 4 = \underline{\quad}$

3. $11 + 4 = \underline{\quad}$

3. $2 + 3 = \underline{\quad}$

3. $16 - 11 = \underline{\quad}$

3. $8 + 12 = \underline{\quad}$

4. $6 - 3 = \underline{\quad}$

4. $14 + 4 = \underline{\quad}$

4. $16 + 3 = \underline{\quad}$

4. $19 - 2 = \underline{\quad}$

4. $13 + 6 = \underline{\quad}$

5. $14 - 11 = \underline{\quad}$

5. $10 + 4 = \underline{\quad}$

5. $1 + 11 = \underline{\quad}$

5. $11 + 5 = \underline{\quad}$

5. $12 - 1 = \underline{\quad}$

6. $11 + 5 = \underline{\quad}$

6. $8 - 5 = \underline{\quad}$

6. $16 - 11 = \underline{\quad}$

6. $9 - 5 = \underline{\quad}$

6. $17 + 3 = \underline{\quad}$

7. $7 + 12 = \underline{\quad}$

7. $7 - 6 = \underline{\quad}$

7. $19 + 1 = \underline{\quad}$

7. $18 + 1 = \underline{\quad}$

7. $7 - 5 = \underline{\quad}$

8. $6 + 13 = \underline{\quad}$

8. $18 - 11 = \underline{\quad}$

8. $15 + 4 = \underline{\quad}$

8. $15 + 5 = \underline{\quad}$

8. $18 + 1 = \underline{\quad}$

9. $17 + 3 = \underline{\quad}$

9. $10 - 2 = \underline{\quad}$

9. $14 - 3 = \underline{\quad}$

9. $16 + 2 = \underline{\quad}$

9. $12 - 7 = \underline{\quad}$

10. $6 - 5 = \underline{\quad}$

10. $5 + 1 = \underline{\quad}$

10. $19 - 12 = \underline{\quad}$

10. $8 - 7 = \underline{\quad}$

10. $11 - 5 = \underline{\quad}$

11. $2 + 4 = \underline{\quad}$

11. $9 + 2 = \underline{\quad}$

11. $14 - 11 = \underline{\quad}$

11. $6 - 4 = \underline{\quad}$

11. $6 - 2 = \underline{\quad}$

12. $8 - 4 = \underline{\quad}$

12. $18 - 9 = \underline{\quad}$

12. $7 - 2 = \underline{\quad}$

12. $11 + 6 = \underline{\quad}$

12. $13 + 3 = \underline{\quad}$

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5 Tage RECHENTRAINING + und - im ZR 20

Montag

Dienstag

Mittwoch

Donnerstag

Freitag

1. $17 + 2 = \underline{\quad}$

1. $11 + 5 = \underline{\quad}$

1. $19 - 18 = \underline{\quad}$

1. $10 + 9 = \underline{\quad}$

1. $20 - 4 = \underline{\quad}$

2. $7 + 4 = \underline{\quad}$

2. $15 - 12 = \underline{\quad}$

2. $17 + 3 = \underline{\quad}$

2. $3 + 16 = \underline{\quad}$

2. $16 + 2 = \underline{\quad}$

3. $2 + 11 = \underline{\quad}$

3. $16 + 4 = \underline{\quad}$

3. $12 + 3 = \underline{\quad}$

3. $8 - 7 = \underline{\quad}$

3. $6 - 5 = \underline{\quad}$

4. $8 + 2 = \underline{\quad}$

4. $13 + 7 = \underline{\quad}$

4. $11 + 4 = \underline{\quad}$

4. $19 - 3 = \underline{\quad}$

4. $18 - 8 = \underline{\quad}$

5. $8 - 3 = \underline{\quad}$

5. $3 + 12 = \underline{\quad}$

5. $9 + 8 = \underline{\quad}$

5. $17 + 1 = \underline{\quad}$

5. $12 - 11 = \underline{\quad}$

6. $19 - 10 = \underline{\quad}$

6. $9 + 10 = \underline{\quad}$

6. $19 - 12 = \underline{\quad}$

6. $9 + 9 = \underline{\quad}$

6. $3 + 16 = \underline{\quad}$

7. $8 + 4 = \underline{\quad}$

7. $20 - 2 = \underline{\quad}$

7. $11 - 10 = \underline{\quad}$

7. $4 + 8 = \underline{\quad}$

7. $13 + 2 = \underline{\quad}$

8. $2 + 15 = \underline{\quad}$

8. $18 + 2 = \underline{\quad}$

8. $7 - 6 = \underline{\quad}$

8. $13 + 5 = \underline{\quad}$

8. $7 - 5 = \underline{\quad}$

9. $6 + 1 = \underline{\quad}$

9. $10 - 8 = \underline{\quad}$

9. $10 - 7 = \underline{\quad}$

9. $20 - 17 = \underline{\quad}$

9. $9 - 4 = \underline{\quad}$

10. $9 - 3 = \underline{\quad}$

10. $2 + 6 = \underline{\quad}$

10. $19 - 7 = \underline{\quad}$

10. $15 - 2 = \underline{\quad}$

10. $3 + 11 = \underline{\quad}$

11. $3 + 13 = \underline{\quad}$

11. $2 + 15 = \underline{\quad}$

11. $5 + 11 = \underline{\quad}$

11. $20 - 16 = \underline{\quad}$

11. $13 + 6 = \underline{\quad}$

12. $14 - 3 = \underline{\quad}$

12. $16 - 4 = \underline{\quad}$

12. $18 - 12 = \underline{\quad}$

12. $10 + 2 = \underline{\quad}$

12. $17 + 3 = \underline{\quad}$

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Donnerstag

Freitag

1. $14 - \underline{\quad} = 7$

1. $3 + 13 = \underline{\quad}$

1. $12 + 3 = \underline{\quad}$

1. $15 - \underline{\quad} = 8$

1. $16 - 3 = \underline{\quad}$

2. $16 - \underline{\quad} = 5$

2. $\underline{\quad} - 2 = 4$

2. $\underline{\quad} - 12 = 2$

2. $18 + 2 = \underline{\quad}$

2. $\underline{\quad} - 3 = 13$

3. $17 - \underline{\quad} = 2$

3. $\underline{\quad} - 4 = 1$

3. $\underline{\quad} - 4 = 6$

3. $\underline{\quad} - 6 = 10$

3. $\underline{\quad} + 3 = 4$

4. $\underline{\quad} + 5 = 20$

4. $12 + \underline{\quad} = 18$

4. $8 - \underline{\quad} = 6$

4. $\underline{\quad} - 4 = 2$

4. $18 - 8 = \underline{\quad}$

5. $\underline{\quad} + 3 = 19$

5. $\underline{\quad} - 6 = 7$

5. $6 + \underline{\quad} = 11$

5. $7 - 2 = \underline{\quad}$

5. $11 - \underline{\quad} = 10$

6. $14 + 2 = \underline{\quad}$

6. $\underline{\quad} + 14 = 18$

6. $19 - 2 = \underline{\quad}$

6. $19 - \underline{\quad} = 6$

6. $2 - \underline{\quad} = 1$

7. $\underline{\quad} - 14 = 2$

7. $18 - 16 = \underline{\quad}$

7. $13 - 1 = \underline{\quad}$

7. $10 - 4 = \underline{\quad}$

7. $12 + \underline{\quad} = 13$

8. $9 + 6 = \underline{\quad}$

8. $9 + 8 = \underline{\quad}$

8. $10 + 6 = \underline{\quad}$

8. $13 - 3 = \underline{\quad}$

8. $7 + \underline{\quad} = 8$

9. $17 - 13 = \underline{\quad}$

9. $\underline{\quad} + 4 = 15$

9. $2 - 1 = \underline{\quad}$

9. $\underline{\quad} + 6 = 18$

9. $19 + \underline{\quad} = 20$

10. $\underline{\quad} + 6 = 9$

10. $\underline{\quad} + 8 = 12$

10. $14 - \underline{\quad} = 5$

10. $19 + \underline{\quad} = 20$

10. $14 - 6 = \underline{\quad}$

11. $11 - \underline{\quad} = 3$

11. $15 + \underline{\quad} = 19$

11. $12 - \underline{\quad} = 1$

11. $12 - \underline{\quad} = 1$

11. $7 - 6 = \underline{\quad}$

12. $6 - \underline{\quad} = 4$

12. $3 - 2 = \underline{\quad}$

12. $8 - \underline{\quad} = 2$

12. $\underline{\quad} - 9 = 8$

12. $12 - 7 = \underline{\quad}$

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Donnerstag

Freitag

1. $7 - \underline{\quad} = 2$

1. $16 - \underline{\quad} = 3$

1. $15 + 5 = \underline{\quad}$

1. $20 - \underline{\quad} = 3$

1. $\underline{\quad} + 2 = 19$

2. $3 + 10 = \underline{\quad}$

2. $18 + \underline{\quad} = 19$

2. $16 + 4 = \underline{\quad}$

2. $20 - 1 = \underline{\quad}$

2. $17 + \underline{\quad} = 20$

3. $17 - 2 = \underline{\quad}$

3. $10 - \underline{\quad} = 3$

3. $\underline{\quad} - 4 = 7$

3. $10 + \underline{\quad} = 18$

3. $10 + 6 = \underline{\quad}$

4. $5 - 2 = \underline{\quad}$

4. $12 + 8 = \underline{\quad}$

4. $10 + 5 = \underline{\quad}$

4. $12 + \underline{\quad} = 18$

4. $\underline{\quad} - 12 = 4$

5. $11 + \underline{\quad} = 12$

5. $12 + 3 = \underline{\quad}$

5. $\underline{\quad} + 7 = 20$

5. $20 - 11 = \underline{\quad}$

5. $\underline{\quad} - 3 = 13$

6. $13 + \underline{\quad} = 16$

6. $9 + \underline{\quad} = 11$

6. $14 + 5 = \underline{\quad}$

6. $\underline{\quad} + 6 = 18$

6. $7 + \underline{\quad} = 13$

7. $\underline{\quad} - 9 = 3$

7. $11 + \underline{\quad} = 19$

7. $\underline{\quad} + 4 = 15$

7. $\underline{\quad} + 7 = 16$

7. $\underline{\quad} - 5 = 7$

8. $15 - 7 = \underline{\quad}$

8. $9 + \underline{\quad} = 12$

8. $17 + \underline{\quad} = 18$

8. $6 - 4 = \underline{\quad}$

8. $15 - \underline{\quad} = 6$

9. $16 + \underline{\quad} = 18$

9. $13 + 5 = \underline{\quad}$

9. $18 - \underline{\quad} = 3$

9. $\underline{\quad} - 3 = 8$

9. $16 + 3 = \underline{\quad}$

10. $14 + \underline{\quad} = 18$

10. $20 - \underline{\quad} = 4$

10. $9 - \underline{\quad} = 6$

10. $\underline{\quad} - 1 = 11$

10. $19 - 3 = \underline{\quad}$

11. $\underline{\quad} - 9 = 1$

11. $7 + 12 = \underline{\quad}$

11. $8 - 2 = \underline{\quad}$

11. $17 - \underline{\quad} = 4$

11. $11 + 7 = \underline{\quad}$

12. $10 + 7 = \underline{\quad}$

12. $19 - \underline{\quad} = 7$

12. $2 + \underline{\quad} = 5$

12. $16 + \underline{\quad} = 17$

12. $2 + 9 = \underline{\quad}$

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